



Soccer Player Development Programs

Mini Mariners, Jr. Mariners Academy, Skills & Scrimmage, & SUGS Goalkeeping

It is Seacoast United's mission to help soccer players reach their goals of performance in a challenging, fun, and instructive environment. We have a program for almost every age and ability! Choose the location closest to you!

Gorham | Portland | Saco | Topsham

Jr. Mariners Academy 7-11yrs

This accelerated developmental program focuses on each player's technical ability to control the ball, builds their confidence with the ball at their feet, and develops basic small sided tactical decision making.

The Mariners will host free open trials at all locations starting the week of October 19th. [Register online](#) today!



Learn more about Seacoast United Programs by clicking through the information below, and visiting our website [here!](#)



Mini Mariners 4-7yrs

A unique opportunity for young children to get involved in the game of soccer. The overall theme is for children to relate having fun with playing soccer and to develop the necessary skills to be a competitive player in the future.

[Learn More](#)



Skills & Scrimmage 10-16yrs

Created for players looking for a consistent winter-based training program with a focus on quality of play with technical & tactical progression. This is perfect for any player hoping to play at the club level or make an impression with their town travel or high school teams

[Learn More](#)



SUGS Goalkeeping 10-18yrs

Seacoast United Goalkeeper School (SUGS), is one of our most specialized and innovative individual development programs. It focuses on the growth of goalkeepers at a variety of age and skill levels.

[Learn More](#)